

Alternative Route to Wellness Spa Menu

6 Mary E Clark Drive, Suite 5 Hampstead, NH 03841

Classical Reflexology

- 30min Foot Reflexology for kids
- 45min Hand Reflexology
- 45min Foot Reflexology for Seniors (ages 65+)
- 60mins Therapeutic Foot Reflexology
- 90mins Aroma Foot & Ear Reflexology

Energywork

- 30 or 60mins Reiki
- 90mins Integrative Reiki

Mind

- 45min Guided Meditation (70)
- 90mins Emotional Release Reflexology TM

Body

- Structural Reflexology TM
 - o Initial Appointment-2hrs
 - o Follow-up 60hr
- Digestive Relief Reflexology
- Immune-Boosting Reflexology
- Lymphatic Drainage Reflexology TM

Soul

- 2hrs *Total Transformational Healing*
- 45min Toe Reading TM
- 60mins Spiritual Coaching
- 90min-2hrs Toe Reading with Reflexology

Rates: \$50/30mins \$75/45mins \$100/60mins \$140/90mins \$175/2hr

Aromatherapy: All sessions includes essential oils that are organic, pharmaceutical grade and GC/MS tested.

Let us know ahead or intake on intake form if you have a possible allergy or sensitivity to essential oils.

Workshops and Continuing Ed Credit Courses: Foot & Hand Reflexology Certifications, Aromatherapy

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Easy Booking